



Arlington-Fairfax Chapter, Inc. • Izaak Walton League of America

NEWSLETTER

Volume 55, Number 4

November & December 2017, January 2018

14708 Mount Olive Road
Centreville, VA 20121-2517



VA SOS Training, September 9, 2017

On a beautiful Saturday in September Samantha Briggs and Scott Maxham from the IWLA Clean Water Program were at the Chapter to deliver training on the Virginia Save Our Streams (VA SOS) method of water quality monitoring in streams. There were nine Arlington-Fairfax Chapter members and three non-Chapter members in attendance. Chapter Vice-President Pamela Meara, Secretary Sean Gagnon, former president Ernie Padgett, and the Chapter's VA SOS coordinator, John Gilbert, were in attendance. The method taught focuses on counting the "bugs" in a stream to determine

how healthy the stream is at the time of sampling. Cub Run was selected as the field site for the training as it has the accessible riffle area required for the field training. Attendees learned site selection, specimen collection, how to identify macroinvertebrates, completing the required data sheets, and safety in the field. Participants will have the option to take the certification exam to become a VA SOS certified stream monitor. Being a certified monitor means the Virginia Department of Environmental Quality will accept data from the monitor so long as the method is followed. The Chapter has two stream monitoring kits for use by our certified stream monitors.



Volunteers Needed for Financial Review Committee

We need members, particularly those with financial management or accounting experience, to conduct the annual review of the Chapter's financial records. The bylaws call for a review to be conducted annually by a committee selected by the Chapter president and to present its report to both the board of directors and all the members. Anyone interested in participating should contact the treasurer, Bob Crisman, by e-mail to Bob.Crisman@arlingtonfairfax-iwla.org. Please include any financial management, accounting, or related experience you may have. Oh, by the way, you'll receive credit for eight hours of volunteer work worth \$50 off your next membership renewal.

Chapter Contact Information

Chapter Officers

<i>President</i>	Tom Ciarula	703-250-0947
<i>Vice President</i>	Pamela Meara	703-362-7293
<i>Secretary</i>	Sean Gagnon	703-434-9015
<i>Treasurer</i>	Bob Crisman	540-338-7316
<i>Membership Chairman</i>	Benn Crandall	703-631-4495

Chapter Directors

<i>Air Range</i>	Roger Thrasher.....	703-789-7080
<i>Conservation</i>	John Seaberg.....	703-830-9365
<i>Education & Training</i>	Bucky Sills	703-830-0458
<i>Field Archery</i>	Dick Riemer.....	703-543-8585
<i>Rifle & Pistol</i>	Ed Franzosa.....	703-255-3088
<i>Skeet & Trap</i>	Bob Brino	703-368-4934
<i>Target Archery</i>	Dan Roberts.....	703-835-1101
<i>Youth Activities</i>	Joseph Turner.....	703-628-4808
<i>Directors-at-Large</i>	Carl Armstrong.....	703-830-5091
	Dave Cunningham	202-436-6410
	Randy Hancock	703-830-8539
	Chris Rose	703-585-7351
	Oscar Starz	703-321-8626
	Art Twichell.....	703-960-6524

Committee Chairs

<i>Adopt-A-Highway</i>	Steve Rumble.....	703-946-6920
<i>Advance Planning</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Air Range</i>	Roger Thrasher.....	703-789-7080
<i>Buildings and Grounds</i>	Bucky Sills	703-830-0458
<i>Bull Run Muzzleloaders</i>	Tony Sucher.....	703-354-2726
<i>Caretaker</i>	Don Dallman.....	703-888-9197
<i>Chapter Field House Mgr.</i>	Ed Forsberg	719-238-0231
<i>Conservation</i>	John Seaberg.....	703-830-9365
<i>Education & Training</i>	Bucky Sills	703-830-0458
<i>Field Archery</i>	Dick Riemer.....	703-543-8585
<i>Historian</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Junior Olympic Archery</i>	Dan Roberts.....	703-835-1101
	Lani Young	703-742-8142
<i>Meeting Program</i>	Tom Ciarula	703-250-0947
<i>Membership</i>	Benn Crandall	703-631-4495
<i>Office Admin. Assts.</i>	Cristina Frerking	703-631-4495
	Jim Smith	703-631-4495
<i>Newsletter</i>	Pamela Meara	703-362-7293
<i>Pond Manager</i>	John Seaberg.....	703-830-9365
<i>Program Outreach</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Public Relations</i>	<i>Your Name Here</i>	<i>Your phone #</i>
<i>Rifle-Pistol Range</i>	Ed Franzosa.....	703-255-3088
<i>Scholarship</i>	David Dobbins.....	703-753-0878
<i>Scouting Activities</i>	Tom Pike	703-802-0740
<i>Skeet & Trap Range</i>	Bob Brino	703-368-4934
<i>Target Archery</i>	Dan Roberts.....	703-835-1101
<i>Youth Activities</i>	Joseph Turner.....	703-627-4808



Chapter Board of Directors' Meeting

1st Tuesday of each month
7:30 p.m. @ Chapter field house
All members welcome

Attend Your Chapter Meetings

General Membership Meeting
3rd Tuesday of each month
7:30 p.m. @ Chapter field house

Field House Phone Numbers

<i>Chapter field house</i>	703-631-4495
<i>Rifle & Pistol field house</i>	703-631-4496
<i>Skeet & Trap field house</i>	703-631-4497
<i>Field Archery field house</i>	703-631-4498
<i>Sills Air Range</i>	703-631-4818

Chapter President's E-mail

ciarulat@cox.net

Chapter's Web Site

www.arlingtonfairfax-iwla.org

Chapter's Facebook Page

Arlington-Fairfax-Chapter-Inc-Izaak-Walton-League-of-America

Chapter Field House Office Hours

1st and 3rd Tues..... 1:00 p.m. to 9:00 p.m.
All other Tues..... 1:00 p.m. to 4:00 p.m.
Other times, call Cristina Frerking & Jim Smith..... 703-631-4495

Property Physical Address

14708 Mount Olive Road, Centreville, VA 20121-2517

Mailing Address

Post Office Box 366, Centreville, VA 20122-0366



October 2017

Thank you for voting for me in the Chapter elections in July. I look forward to serving the Chapter in my new role.

Join me in thanking Ernie Padgett for his years of service to the Chapter. Ernie is now the Virginia Division president and is taking on new challenges in that role.

Please welcome Sean Gagnon as the new Chapter secretary. Sean was elected by the board of directors after the board elected Pamela Meara as Chapter vice-president.

If you haven't completed your eight hours to receive the \$50 discount on dues, be sure to check the SignUpGenius link on the Chapter Web site for opportunities to volunteer.

For everyone who has been using the Chapter's Amazon Smile link, thank you. We continue to receive funds from that program. If you are not using the Amazon Smile link please check the Chapter Web site or Facebook page for the link. Your purchases support the Chapter.

There is a lot going on at the Chapter right now as we prepare for 2018. There are memberships available, so if you know anyone who may want to join, let them know. Stay up on Chapter happenings using the Web site and Facebook page.

Thanks, *Tom Ciarula*

Tom Ciarula, President
Arlington-Fairfax Chapter, Inc.
of the Izaak Walton League of America



Please use to sign up for Volunteer Opportunities—located on the Chapter Home Web page.

Air Range Safety Officers Needed

We hope to open the air range to all members every Sunday from noon to 5 p.m. starting in the summer. This would be a member-only, adult-only session. To do this we need people to sign up to take one range safety officer (RSO) shift a month—staffing is our limiting factor. No experience necessary, we will provide training. Contact rogerthrasher@me.com for more information or to volunteer.

Donate to Arlington-Fairfax Chapter Using AmazonSmile

Chapter members are reminded they can donate to the chapter by registering and using AmazonSmile at www.amazon.smile.com when they shop on Amazon. Amazon will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to the Chapter. Our Chapter is listed with AmazonSmile as *Izaak Walton League of America Arlington-Fairfax Chapter*.



Please see <http://smile.amazon.com/about> for program details.

Chapter Air Range Open practice nights

Mondays 4:00 p.m. – 8:00 p.m.

Fridays 5:30 p.m. – 9:00 p.m.

Equipment is available to borrow and coaches are ready to help.

Air Range questions—contact range@afc-iwla-sillsairrange.org

Photos Needed!

Doing volunteer work on the Chapter grounds or helping to make the picture perfect?

We would love for you to take a photo of work done or in process and e-mail it to Pam Meara (Pam.Meara@arlingtonfairfax-iwla.org) and/or Ellen MacBrayne (emb4art@verizon.net) to publish in the Newsletter. Send the largest photo possible and include a caption identifying faces, place, event, and date if possible.

Outdoor/ Indoor Archery

Archery Update

Cub Run Archers would like to extend a warm welcome and an invitation to all members of the Chapter to take advantage



of the many facilities, training opportunities, archery equipment, events, and great camaraderie our club has to offer. The indoor range is available for your use anytime a qualified Range Officer is on site. It is common knowledge a good many regulars in the club are at the

range house every morning from approximately 9:30 a.m. until noon. This is a great time to come down and introduce yourself and find out what Cub Run Archers is all about. If you are new to archery and need advice on anything from bow setup to arrow tuning to shooting technique, not only will you find literally several hundred years of collective experience, but the equipment to perform those tasks. We especially would like to encourage youth participation and have a great many youth bows young shooters may practice with to develop their skills. The cost to join Cub Run Archers is only \$15.00 per year, per family. You don't need to be a member of Cub Run Archers to use the facilities. We have a monthly newsletter and several dinners throughout the year. You will also receive a discount from a local archery pro shop on your purchases. An application may be picked up at the club house or contact Robert D'Imperio, Secretary, Cub Run Archers, 13490 Edge Rock Ct., Chantilly, VA 20151-4104 or you may e-mail Bob at robbyrayd@yahoo.com as well.

The outdoor archery facilities are available to any member in good standing of the Chapter. We have a practice range with target butts at 5, 10, 15, 20, 30, 40, 50, and 60 yards and the range is lighted for shooting after dark. There is a crossbow station with a bag target for field-point shooting and a broadhead target for shooting broadheads into. **Remember**, crossbows are allowed **only to be shot from behind and through the Crossbow Station** and not at any of the other targets or ranges. A 28-point field archery course is also available for use to all Chapter members. Daytime use only as there is no lighting on the course.

Shooting Reminders

Only Shoot Broadheads into a Broadhead Target Butt. If you do not know the difference between the two kinds of target butts on the range please ask someone at the range

before you start shooting. The target butts cost Chapter members \$250 each. Help us get the most life out of each target butt as possible. **No Core-Drilling Broadheads Are Permitted to Be Shot at the Field Archery Range.** These are the **Toxic** and the **Cyclone** and any new core-drilling broadheads that come on the market.

Air Bows: Air bows are not allowed to be shot at the field archery range. The Virginia Department of Game and Inland Fisheries (VADGIF) does not permit hunting with air bows in Virginia.

Deer Processing Station

For all the Chapter deer hunters who would like to process their own deer, the deer processing station is twenty yards off the Field Archery deck. The area is lighted and has running water from a garden hose located by the deck entrance. You will need to bring trash bags with you for proper disposal of all parts of the carcass. **When finished, be sure to wash the area down completely and put all remains in your trash bags before putting them into any dumpster. During cold weather, when finished be sure to drain the hose of water to keep it from freezing.**

Archery 101 Class

On Sunday, November 19, and Sunday, January 21, Cub Run Archers will be hosting a beginner's archery class. The class will take place in the indoor archery range starting at 1:00 p.m. and lasting until 4:00 p.m. The class is for those who have never shot archery before or have very little knowledge of the sport of archery and would like to see what our sport is all about. The class will cover the different types of archery equipment, safety, purchasing of equipment, and shooting. We have the bows and arrows, all you need to do is show up. For Chapter members, the class is \$20.00 for adults and \$10.00 for children with a max of \$30.00 per Chapter family. For non-Chapter members, the class is \$25.00 per adult and \$15.00 for children with a family max of \$40.00. Class fees will be collected before the start of the class beginning at 12:45 p.m. To register for the class, e-mail Dick Riemer at rriemer@cox.net or by phone at 703-543-8585. The minimum age for children is 9 years old. For children registering, please include their age. The class will be limited to 35, do not wait too long to register.

Archery News continued on page 5

AFC-IWLA Membership Minutes

Membership numbers update: 2,135 Chapter memberships filled.

RECRUITING for new members is complete for 2017. The membership office is focusing on the renewal process and retention for the 2018 calendar year. 2018 RENEWAL FORM IS ENCLOSED on pages 7-8.

Written (Paper) Renewal Reminders

If you are using the written renewal form, check the following:

- **AGE:** If you will turn 60 years old before December 31, 2017, you are entitled to the SENIOR rate.
- **SIGN THE WAIVER FORM:** Your renewal cannot be accepted unless you sign the waiver form on the back of the renewal form. We will have to send it back to you with your check until the form is signed.
- **DEADLINE:** December 31 is the last day. A \$40 late fee will be added as of 1/1/18.
- **LIFE & BENEFACITOR MEMBERSHIP:** Applies ONLY to the Life & Benefactor Membership level at NATIONAL IWLA. This status is given by National to individuals or families that commit to a substantial donation to National IWLA.

Online Membership Renewal

YES, you can renew online beginning November 1!

1. Simply go to our Web site home page at <http://www.arlingtonfairfax-iwla.org>.
2. Click on the "Renew your membership" button.
3. ACKNOWLEDGE the liability waiver. (You cannot continue without clicking.)

4. CHOOSE your membership category (RG, FM, RGS, FMS, etc.)
5. CLICK the "continue" button at the bottom of the page.
6. You will be taken to the PayPal Web site. PayPal is a secure Web site that accepts ALL major credit cards. You do NOT have to join PayPal to use the service. On the drop down menu simply choose your level of membership.

I thought it would be interesting to share with you some statistics about our membership.

	2017	2016
Regular memberships (ages 21 to 59)	967	941
Junior memberships*	154	118
Family memberships	280	219
Senior memberships	794	925
Student	6	8
Benefactor	5	5
Life	36	33
Disabled & Remote	47	58
TOTAL*	2,135	2,189
NEW Members	192	206
Members WITHOUT e-mail addresses	80	88

*Junior members are not included in the total.

"More next issue ... until then, get out to our Chapter and have some fun."

—Ben Crandall
Membership Director

Archery News continued from page 4

Archery 201 Class

On Sunday, January 28, Cub Run Archers will be hosting an archery 201 class. If you have attended our 101 beginners class or have some archery experience, this class is for you. Class cost for Chapter members is \$20.00 for adults and \$10.00 for children with a family max of \$30.00 and for non-Chapter members, \$25.00 for adults and \$15.00 for children with a family max of \$40.00. Class fees will be collected before the start of the class beginning at 12:45 p.m. To register for the class, e-mail Bob Walla at

JRJWALLA@Gmail.Com. Minimum age for the class is 9 years old.

Indoor Archery Range Open for Evening Shooting

The indoor archery range is open for evening shooting Monday, Tuesday, Wednesday, Thursday, and Friday evenings from 6:30 p.m. to 9:00 p.m. through March. Come on out and enjoy shooting throughout the winter evenings. When schools are closed for weather conditions, the indoor range will be closed the same evening. The range will be closed on Thanksgiving, Christmas, and New Year's Day.



Tired of



Shooting in the Cold and Dark?

***Come try air gun shooting at the Sills Air Range
—We have heat and light!***

Open to all AFC-IWLA Members and Their Guests ...

- For adults and youths for air rifle and air pistol—bring your kids or grandkids
- A great introduction to the shooting sports—no loud noises when firing
- Modern electronic targets mean you spend more time shooting
- Club guns and equipment available to borrow—you don't need to bring anything

Multiple opportunities to shoot ...

- Air Range Open for Members
 - » Mondays (4:00–8:30 p.m.)
 - » Fridays (5:30–9:00 p.m.)
 - » 2nd and 3rd Sundays (11:00 a.m.–2:00 p.m.)
- Air pistol competitions the third Sunday of most months (9:00–11:00 a.m.)
- We can and will host more sessions if there is more demand
- See the Web site below for more details and current calendar events

iwlasillsairrange@gmail.com • <http://afc-iwla-sillsairrange.org>



Membership Renewal

Arlington-Fairfax Chapter, Inc.
Izaak Walton League of America
P. O. Box 366
Centreville, VA 20122-0366

Your current membership expires December 31, 2017.

Dues **MUST** be paid prior to January 1, 2018.

If \$50 Dues Credit claimed, check here: ☐

Renewals postmarked after January 1, 2018—Add \$40 late processing fee!

Note: Your membership spot is not guaranteed if you are late.

Primary Member

Family Member

Membership Type: _____

Membership ID #: _____

Name(s) _____

Address—Street _____

City, State, Zip _____

Phone: (H) _____

(C) _____

(W) _____

E-mail: _____

Date of Birth: _____

- (1) **PRINT LEGIBLY AND FILL IN ALL** required information on this form. Clearly indicate any changes.
- (2) **SIGN THE MEMBER RELEASE ON THE BACK** of this form and return the top part of form with your check made payable to AFC-IWLA.
- (3) Questions/payment arrangements? Call Cristina or Smitty at **703-631-4495**. If necessary, leave your name and telephone number with your concern(s). Your query will be answered as quickly as possible.
- (4) If being reassigned to area far removed from Northern Virginia for 2 years or more, inquire about Inactive/Reserve status.

REGULAR Membership Types

- ☐ RG—Regular
- ☐ RGD or R or S—Regular (Disabled, Remote, or Senior)
- ☐ LF—Life Regular
- ☐ LFD or R or S—Life (Disabled, Remote, or Senior)
- ☐ LB—Life Benefactor
- ☐ ST—Student

2018 Dues

\$211
\$171
\$161
\$121
\$161
\$152

FAMILY Membership Types

- ☐ FM—Family Regular
- ☐ FMD or R or S—Family (Disabled, Remote, or Senior)
- ☐ FL—Family Life Regular
- ☐ FLD or R or S—Family Life (Disabled, Remote, or Senior)
- ☐ FB—Family Benefactor
- ☐ FBD or R or S—Family Benefactor (Disabled, Remote, or Senior)

2018 Dues

\$308
\$233
\$233
\$158
\$233
\$158

Remote—Residence is over 50 miles from the Chapter.

Senior—Age 60 or over as of 12/31/2017.

My check # _____ in the amount of \$ _____ made payable to AFC-IWLA is enclosed.

PLEASE SIGN THE MEMBER RELEASE ON BACK OF THIS STATEMENT BEFORE RETURNING

Detach here and submit the TOP portion with payment

Arlington-Fairfax Chapter, Inc.—Izaak Walton League of America
P. O. Box 366, Centreville VA 20122-0366

2018 Membership Dues Paid \$ _____ Date _____ Check No. _____

For tax purposes. Regular (RG) members may claim a \$53 deduction and Family (FM) members may claim \$82. Life Regular (LF) (LB) members may claim a \$6 deduction and Family Life (FL) (FB) members may claim \$7. Students (ST) may claim \$42

The Izaak Walton League of America—a non-profit conservation organization—is recognized as a Section 501(c)(3) public charity under the Internal Revenue Code. Minimum National dues are \$40 for individuals and \$60 for family memberships, which includes the Outdoor America magazine. Magazine is inseparable from dues. Chapter and Division dues may vary.

MEMBER RELEASE

Range Badges, Membership Cards, and the Gate Combination will not be furnished unless the completed Release Statement has been received by the Chapter. If this is a family membership, then both parties must sign.

Release Statement

In consideration of the permission granted to me to use the pistol, rifle, skeet, trap, and archery ranges and other facilities of the Arlington-Fairfax Chapter, Incorporated, of the Izaak Walton League of America, Centreville, Virginia, I do hereby for myself, my heirs, executors, and administrators irrevocably release and forever discharge the Arlington-Fairfax Chapter, Incorporated, of the Izaak Walton League of America (hereinafter "AFC-IWLA") and all of its officers, directors, agents, and employees, acting in or under color of his or her official capacity, from any and all claims, demands, actions or causes of action, costs, charges, and liabilities of whatever kind, on account of my death or on account of any injury to me which may occur from any cause during my use of its ranges and/or facilities.

This release is intended to cover all injuries, fatal or nonfatal, and illness of every name, type, kind, or nature, and personal property damage, if any, which may be sustained or suffered from any cause whatsoever connected with or arising out of or by reason of participating in the aforementioned activities. I know the risks and unexpected dangers involved in said activities and assume all risks of injury to my person and property that may be sustained in connection with the stated and associated activities, in and about the installation.

I further agree that I will indemnify and will hold harmless the AFC-IWLA and all officers, directors, agents, and employees thereof from any and all costs, charges, claims, demands, and liabilities of any kind arising from the improper or negligent actions of the undersigned while participating in the activities of its property.

I have reviewed the AFC-IWLA Range Safety Rules and the Chapter Ground Rules and I understand and agree to abide by all the provisions therein. I have read and understood the foregoing release. I certify that my attendance and participation in activities at the AFC-IWLA is voluntary.

This release form is in effect as long as I am a member of the AFC-IWLA, or for so long as I may use the aforesaid ranges and/or facilities, both now and at any future times, but in no event longer than is permitted by applicable law.

Signature

Date

2nd Signature (Family Member)

Date



IWLA Pledge



To strive for the purity of water, the clarity of air, and the wise stewardship of the land and its resources.

To know the beauty and understanding of nature, and the value of wildlife, woodlands, and open space.

To the preservation of this heritage and to man's sharing it,
I pledge myself as a member of the Izaak Walton League of America.

2018 Col. Birt Kidwell Winter Skeet and Trap League



The Col. Birt Kidwell Winter Skeet and Trap League will be forming up soon for the 2018 season. Chapter members interested in participating in shotgun shooting sports and improving their marksmanship skills are encouraged to join. The competitive format provides a demanding challenge for shooters of all ability levels. Shooting the league is also a great way to get to know many of your fellow Ike's. The league fielded 168 shooters in 2017 for the 13th straight year and we expect another large turnout for the coming season. Be sure to sign up early to ensure a spot on the roster.

League competition consists of six-person squads shooting two round matches against another team each

week. All matches are shot on Sundays. Six matches each of trap and skeet are shot during the season (12 Sundays total). The season will begin on Sunday, January 7, 2018, and continues every Sunday for 13 weeks. Awards are presented to the top scoring teams and to the individuals with high raw averages in Skeet, Trap, and Overall, plus a Most Improved prize.

Individuals and/or teams interested in participating in the league can sign up by contacting John Seaberg at jseaberg@cox.net.



Chapter Swap Meet



Buying and Selling of Shooting and Non-Shooting Items

Date: November 12, 2017, 2 pm to 8 pm

Location: Sills Air Range

Tables available for \$10 each

Contact Helen Martin for reservations

helenlmartin@verizon.net • 571-225-2936

Proceeds Benefit Youth Shooting Programs

Air Range

Air Pistol League

The Air Pistol League conducts an air pistol match the third Sunday of each month at 9:00 a.m. at the Sills Air Range. The range opens at 9:00 a.m., practice is 9:30 a.m. to 10:00 a.m., and the match starts at 10:00 a.m. (40 shots in 50 minutes). The league is open to Chapter members and the public. Youth shooters are encouraged to attend. Loaner Daisy 747 air pistols are available. The range fee is \$5.00 per match or \$7.50 for the remainder of the 2017 season. Air pistol shooting is a year-round sport that you can enjoy in a climate controlled facility. Come join the fun and practice your shooting fundamentals. Contact Mark Budgeon at mgbudgeon@verizon.net or 703-490-5817 to sign up.

Youth Air Pistol Clinic

The Chapter hosted Coach In Kim at the Sills Air Range September 8 and 9, 2017, for a youth air pistol clinic. Coach In Kim is one of the most successful youth shooting coaches in the United States. He runs the Bridge Junior Shooting Club based in La Puente, California. Coach Kim formed the club in July 2010 to promote the sport of Olympic Pistol for juniors. Since then he has been very successful with his program and in 2014 USA Shooting named him Developmental Coach of the Year.

Friday evening, Coach Kim spent three hours with Chapter pistol coaches describing the club's program, his training philosophy, and his extreme dedication in grooming future Olympic champions. On Saturday, 18 young athletes attended the clinic and learned exercises to develop hand/eye motor coordination as well as the basics that make up the international standing position.

Thanks to Chapter President Tom Ciarula for arranging this opportunity for our coaches and young shooters to meet with a national coach and learn more about Olympic Pistol Shooting. The clinic was a big boost to develop interest in the Chapter's Youth Air Pistol Program, which had its first session the next day.

Youth Air Pistol Program

The Youth Air Pistol Program meets the second and third Sunday of each month at the Sills Air Range from 11:00 a.m. to 2:00 p.m. and is open to Chapter members and the public. The program introduces young shooters to the sport of Olympic Air Pistol. Along with learning shooting fundamentals, young athletes will have fun and develop the

life skills of building confidence, planning, organizing, time management, and focusing on completing a precision task.

The program is off to a great start with 14 promising young athletes already enrolled. There is no range fee for the remainder of 2017. In 2018, shooters will have to pay for a junior membership (\$60 if the junior member's parent is a Chapter member and \$75 if a parent is not a member). Coaching and loaner precision air pistols are available. Parents are encouraged to learn about this program because it is a great sport and provides another path to the Junior Olympics which are held each year.

Contact Coach Mark Budgeon at mgbudgeon@verizon.net or 703-490-5817 for more information and to enroll your future Olympian in the Youth Air Pistol Program.



Sills Air Range Volunteer Opportunities



A chance to help teach, coach, and mentor the next generation of shooters!

Available positions include range safety officer and youth coach.

Range Safety Officer (RSO)

Description: The RSO is the primary person responsible for safe and effective operation of the range. The RSO directs the flow of a practice or match, to include giving commands, enforcing safety protocols, ensuring safety measures are complete, and calling cease fires. In general, the RSO is the SAFETY officer. RSOs do not hand out equipment, fill air cylinders, or provide coaching.

Training: Complete the Sills Air Range RSO orientation, which is a series of steps designed to familiarize a new RSO with general duties and our specific range procedures. It also includes several “shadow shifts” where you observe another RSO. The NRA offers a formal RSO course, which is highly desirable but not mandatory.

Requirements: Be an AFC-IWLA member, complete the USA Shooting Safe Sport online class (free), USA Shooting Coach Conduct online class (free), and the USA Shooting background check (free).

Desired Commitment: Serve at least one shift a month at one of the open practices—Monday evenings, Friday evenings, 2nd and 3rd Sunday afternoons. We use SignUpGenius to allow easy online scheduling.

Air Gun Coach

Description: Provides basic instruction for new, intermediate, and, eventually, advanced youth athletes. This includes instruction on safety, shooting positions, equipment, and mental aspects of shooting. For beginning athletes, this mostly involves giving the range safety briefing, setting up a new shooter in prone, and providing

initial instruction on how to aim and shoot. Coaches also assist the RSO with safe and effective range operations.

Training: An NRA/CMP/USA Shooting Level I Coach certificate is required. This involves a two-day course and is suitable for those with no coaching or shooting experience. This course is often given at the Chapter. After getting the Level I certificate, there are coach mentors who will help a new coach put their training into action. Finally, there are many advanced coaching courses available for further growth. The majority of our coaches have just the Level I certificate and gained their skills through on-the-job training.

Requirements: Level I Coach certificate, complete the USA Shooting Safe Sport online class (free), USA Shooting Coach Conduct online class (free), and the USA Shooting background check (free).

Desired Commitment: Serve at least one shift a month at one of the open practices—Monday evenings, Friday evenings, 2nd and 3rd Sunday afternoons. We use SignUpGenius to allow easy online scheduling.

Multiple opportunities to volunteer ...

Air Range Open Practices

- Mondays (4:00–8:30 p.m.)
- Fridays (5:30–9:00 p.m.)
- 2nd and 3rd Sundays (11:00 a.m.–2:00 p.m.)



Air Pistol/Rifle Clinic at Fort Belvoir

Chapter President Tom Ciarula conducted an air gun clinic for Wounded Warriors assigned to the Warrior Transition Unit (WTU) at Fort Belvoir and Walter Reed National Medical Center for two days, September 26 and 27, 2017. He was assisted by Chapter member Mark Budgeon, air pistol/air rifle coach, and also staff from the WTU.

The clinic started with a briefing on adaptive shooting and covered the various ways Wounded Warriors could participate in air gun competitions hosted by the National Rifle Association, Civilian Marksmanship Program, International Paralympic Committee, and DoD sponsored Warrior Games.

Over 20 shooters participated, shooting air rifles in the SH1 and SH2 position. The SH1 position, which is seated at a bench, is for pistol and rifle shooters who cannot stand. Essentially, the SH1 position is the same from the waist up for both the international standing and prone positions. The SH2 position is also seated at a bench but utilizes a spring stand for shooters who cannot hold a rifle.

The WTU at Fort Belvoir offers an air gun program for the Wounded Warriors Tuesday and Thursday at the Fort Belvoir Recreation Center. If you are interested in learning more about adaptive shooting or want to volunteer contact Tom Ciarula at Tom-C@cox.net.

You can find more information on adaptive shooting at the following Web sites:

International Paralympic Committee

<https://www.paralympic.org>

NRA Adaptive Shooting

<https://adaptiveshooting.nra.org>

DoD Warrior Games

<http://www.dodwarriorgames.com>



Donate to Arlington-Fairfax Chapter Using AmazonSmile

Chapter members are reminded they can donate to the Chapter by registering and using AmazonSmile at www.amazon.smile.com when they shop on Amazon. Amazon will donate 0.5% of the purchase price from your eligible AmazonSmile purchases to the chapter. Our Chapter is listed with AmazonSmile as **Izaak Walton League of America Arlington-Fairfax Chapter**.



Please see <http://smile.amazon.com/about> for program details.

 **SIGN UP!**



Please use to sign up for **Volunteer Opportunities**—located on the Chapter Home Web page.

November 2017

Arlington-Fairfax Chapter, Inc., IWLA Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																																																																											
		1 3-7PM Robinson (AR)	2 4-9PM Woodson/ Mavericks (AR)	3 3-5:30PM Fairfax/Centreville (AR) 5-7PM Smallbore Rifle (RP) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	4 1-5PM NRA Pistol Phase II (FH) (5-7PM RP) 6-9PM Chapter Planning Meeting (FH) 7AM-Noon Lake Braddock Air Rifle (AR) Noon—Troop 1995 (Camp 1, 2 & 3, SP, AR) 8AM-5PM Star FITA Shoot (FA)	5 <i>Daylight Savings Time Ends</i> 8AM Bullseye Match (RP) 11AM CRA Meeting (FA) 11AM-2PM Air Range Open:Members/Guests 11AM-2PM Youth Progressive Pistol (AR)																																																																																											
6 4-8PM Air Range Open Members/Guests/ Public (AR) 7-9PM Troop 1137 (FH)	7 6-8PM Dinner @ FA West Springfield 4-9PM (AR) <i>Election Day</i>	8 3-7PM Robinson (AR)	9 4-9PM Woodson/ Mavericks (AR)	10 3-5:30PM Fairfax/Centreville (AR) 5-7PM Smallbore Rifle (RP) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	11 4-6PM Sports Medicine Class (AR) 7AM-Noon Lake Braddock Air Rifle (AR) <i>Veterans Day</i> 8AM-5PM Rifle Coach (FH) (8-Noon AR) 8AM-5PM Archery Instructor (FA)	12 2-8PM Chapter Swap Meet (AR)																																																																																											
13 4-8PM Air Range Open Members/Guests/ Public (AR) 7-9PM Troop 1137 (FH)	14 6-8PM Dinner @ FA 7:30PM Board Meeting (FH) West Springfield 4-9PM (AR)	15 3-7PM Robinson (AR)	16 4-9PM Woodson/ Mavericks (AR)	17 3-5:30PM Fairfax/ Centreville (AR) 5-7PM Smallbore Rifle (RP) 5:30-9PM Air Range Open Members/ Guests/Public (AR) BSA Troop 893 (Camp/SP) 9AM-5PM Table @ Nation's Gun Show	18 7AM-Noon Lake Braddock Air Rifle (AR) 8AM-Noon New Member Orientation (FH)	19 1-4PM Archery 101 (FA) 11AM-2PM Air Range Open: Members/Guests 11AM-2PM Youth Progressive Pistol (AR) 8AM-Noon Bull Run Muzzleloaders (RP) 9-11AM Air Pistol Match (AR)																																																																																											
20 4-8PM Air Range Open Members/Guests/ Public (AR) 5-9PM Suburban Whitetail BOD (FA) 7-9PM Troop 1137 (FH)	21 6-8PM Dinner @ FA 7:30PM Membership Meeting (FH) West Springfield 4-9PM (AR)	22 3-7PM Robinson (AR)	23 <i>Thanksgiving</i>	24 3-5:30PM Fairfax/Centreville (AR) 5-7PM Smallbore Rifle (RP) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	25 7AM-Noon Lake Braddock Air Rifle (AR)	26																																																																																											
27 4-8PM Air Range Open Members/Guests/ Public (AR) 7-9PM Troop 1137 (FH)	28 6-8PM Dinner @ FA West Springfield 4-9PM (AR)	29 3-7PM Robinson (AR)	30 4-9PM Woodson/ Mavericks (AR)	<div>Oct 2017</div> <table> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table> <div>Dec 2017</div> <table> <tr><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>			M	T	W	T	F	S	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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December 2017

Arlington-Fairfax Chapter, Inc., IWLA Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div> <div> Nov 2017 M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 </div> <div> Jan 2018 M T W T F S S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 </div> </div>				1 3-5:30PM Fairfax/Centreville (AR) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	2 12-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR)	3 8AM Bullseye Match (RP) 11AM CRA Meeting (FA) 11AM-2PM Air Range Open: Members/Guests 11AM-2PM Youth Progressive Pistol (AR) 2-6PM Troop 1137 (FH, AF, LP, AR)
4 4-8PM Air Range Open Members/Guests/ Public (AR) 7-9PM Troop 1137 (FH)	5 6-8PM Dinner @ FA 7:30PM Board Meeting (FH) West Springfield 4-9PM (AR)	6 3-7PM Robinson (AR)	7 4-9PM Woodson/ Mavericks (AR)	8 3-5:30PM Fairfax/Centreville (AR) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	9 12-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR) 8AM-5PM IWLA Christmas Party (FA)	10 8-5PM JORQ (AR)
11 4-8PM Air Range Open Members/Guests/ Public (AR) 7-9PM Troop 1137 (FH)	12 6-8PM Dinner @ FA West Springfield 4-9PM (AR)	13 3-7PM Robinson (AR)	14 4-9PM Woodson/ Mavericks (AR)	15 3-5:30PM Fairfax/Centreville (AR) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	16 12-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR) 8-noon New Member Orientation (FH)	17 11AM-2PM Air Range Open: Members/Guests 11AM-2PM Youth Progressive Pistol (AR) 8AM-Noon Bull Run Muzzleloaders (RP) 9-11AM Air Pistol Match (AR)
18 4-8PM Air Range Open Members/Guests/ Public (AR) 5-9PM Suburban Whitetail BOD (FA) 7-9PM Troop 1137 (FH)	19 6-8PM Dinner @ FA 7:30PM Membership Meeting (FH) West Springfield 4-9PM (AR)	20 3-7PM Robinson (AR)	21 4-9PM Woodson/ Mavericks (AR)	22 3-5:30PM Fairfax/Centreville (AR) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	23 12-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR)	24
25 <i>Christmas (all ranges closed)</i>	26 6-8PM Dinner @ FA Newsletter Closeout West Springfield 4-9PM (AR)	27 3-7PM Robinson (AR)	28 4-9PM Woodson/ Mavericks (AR)	29 3-5:30PM Fairfax/Centreville (AR) 5:30-9PM Air Range Open Members/Guests/ Public (AR)	30 12-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR)	31 <i>New Year's Eve</i> 9AM-5PM Table @ Nation's Gun Show

AF=Athletic Field, AR=Air Range, Camp=Camp sites, FA=Field Archery, FH=Field house, LP=Large Pavilion, RP=Rifle/Pistol, SP=Small Pavilion, ST=Skeet/Trap, TA=Target Archers

January 2018

Arlington-Fairfax Chapter, Inc., IWLA Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																																																																				
1 <i>New Year's Day</i>	2 6-8PM Dinner @ FA 7:30PM Board Meeting (FH) West Springfield 4-9PM (AR)	3 3-7PM Robinson (AR)	4 4-9PM Woodson/ Mavericks (AR)	5 3-5:30PM Fairfax/Centreville (AR)	6 Noon-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR)	7 11AM CRA Meeting (FA) 11AM-2PM Youth PPP (AR) 8AM-Noon Air Pistol Match (AR) 9AM-Noon Winter League Mtg (FH)																																																																																				
8 4-8PM Air Range Open Members/Guests/ Public (AR) 6-9PM Suburban Whitetail BOD (FA) 6:30-9PM Troop 1137 (FH)	9 6-8PM Dinner @ FA West Springfield 4-9PM (AR)	10 3-7PM Robinson (AR)	11 4-9PM Woodson/ Mavericks (AR)	12 3-5:30PM Fairfax/Centreville (AR)	13 Noon-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR)	14 11AM-2PM Air Range Open: Members/Guests 11AM-2PM Youth Progressive Pistol (AR)																																																																																				
15 4-8PM Air Range Open Members/Guests/ Public (AR) 6:30-9PM Troop 1137 (FH) <i>Martin Luther King, Jr.</i>	16 6-8PM Dinner @ FA 7:30PM Membership Meeting (FH) West Springfield 4-9PM (AR)	17 3-7PM Robinson (AR)	18 4-9PM Woodson/ Mavericks (AR)	19 3-5:30PM Fairfax/Centreville (AR)	20 Noon-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR) 8AM-Noon New Member Orientation (FH)	21 11AM-2PM Air Range Open: Members/Guests 11AM-2PM Youth Progressive Pistol (AR) 5-9PM Suburban Whitetail GM (FA) 8AM-Noon Bull Run Muzzleloaders (RP) 9-11AM Air Pistol Match (AR)																																																																																				
22 4-8PM Air Range Open Members/Guests/ Public (AR) 6:30-9PM Troop 1137 (FH)	23 6-8PM Dinner @ FA West Springfield 4-9PM (AR)	24 3-7PM Robinson (AR) Newsletter Party	25 4-9PM Woodson/ Mavericks (AR)	26 3-5:30PM Fairfax/Centreville (AR)	27 Noon-4PM PHSRL Matches (AR) 7AM-Noon Lake Braddock Air Rifle (AR)	28 1-4PM Archery 201 (FA)																																																																																				
29 4-8PM Air Range Open Members/Guests/ Public (AR) 6:30-9PM Troop 1137 (FH)	30 6-8PM Dinner @ FA West Springfield 4-9PM (AR)	31 3-7PM Robinson (AR)	<div> <div> Dec 2017 <table> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> <div> Feb 2018 <table> <tr> <th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th><th>S</th></tr> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td></tr> </table> </div> </div>				M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	M	T	W	T	F	S	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
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The Chapter Newsletter is your link to all Chapter activities and information. Keep it handy. It is also available on our Web site in color.

www.arlingtonfairfax-iwla.org

Check it out!

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